



A Wholesome Tummies® Brand

# MAY 2018 MENU

## Our Foods NEVER contain:

- High Fructose Corn Syrup
- Artificial Trans-fats
- Artificial Flavors and Colors
- Artificial Nitrates

### WEEK OF MAY 1st

#### MONDAY

Cheese Pizza  
Pepperoni Pizza  
GF Cheese Pizza  
“PB” & Jelly Sandwich

#### TUESDAY thru FRIDAY

Chocolate Chip Pancakes  
Mac & Cheese  
Chicken Caesar Wrap  
Bean Enchiladas  
Chicken Burrito Bowl  
Chicken Parm Pasta  
Pasta Marinara  
Taco Salad w/ Chicken  
Turkey & Cheese Sub  
Chicken Tenders  
Pizza Dippers  
Burgers (Tuesday & Thursday)  
\*Hot Dogs (Wednesday & Friday)  
\*Hot Dogs not served to PS/PK Students

### WEEK OF MAY 7th

#### MONDAY

Cheese Pizza  
Pepperoni Pizza  
GF Cheese Pizza  
“PB” & Jelly Sandwich

#### TUESDAY thru FRIDAY

Baked French Toast  
Quesadilla  
Chicken Quesadilla  
Grilled Cheese  
Chicken Penne Alfredo  
Chicken Soft Taco  
Ham & Cheese Sub  
Buffalo Chicken Salad  
Chicken Tenders  
Pizza Dippers  
Burgers (Tuesday & Thursday)  
\*Hot Dogs (Wednesday & Friday)  
\*Hot Dogs not served to PS/PK Students

### WEEK OF MAY 14th

#### MONDAY

Cheese Pizza  
Pepperoni Pizza  
GF Cheese Pizza  
“PB” & Jelly Sandwich

#### TUESDAY thru FRIDAY

Waffles  
Pasta Marinara  
Sweet & Sour Rice Bowl  
Cheesy Pasta Spirals  
BBQ Chicken Sandwich  
Chicken Noodle Soup  
Roasted Chicken & Potatoes  
Southwest BBQ Salad  
Turkey & Provolone Sub  
Chicken Tenders  
Pizza Dippers  
Burgers (Tuesday & Thursday)  
\*Hot Dogs (Wednesday & Friday)  
\*Hot Dogs not served to PS/PK Students

### WEEK OF MAY 21st

#### MONDAY

Cheese Pizza  
Pepperoni Pizza  
GF Cheese Pizza  
“PB” & Jelly Sandwich

#### TUESDAY thru FRIDAY

Pancakes  
Mac & Cheese  
Pasta Marinara  
Spaghetti & Meatsauce  
BBQ Chicken w/ Mac & Cheese  
Cuban Sandwich  
Chicken Tender Wrap  
Buffalo Chicken Salad  
Ham & Cheddar Sub  
Chicken Tenders  
Pizza Dippers  
Burgers (Tuesday & Thursday)  
\*Hot Dogs (Wednesday & Friday)  
\*Hot Dogs not served to PS/PK Students

### WEEK OF MAY 28th

#### MONDAY

Cheese Pizza  
Pepperoni Pizza  
GF Cheese Pizza  
“PB” & Jelly Sandwich

#### TUESDAY thru FRIDAY

Waffles  
Pasta Spirals  
Pasta Marinara  
Orange Chicken  
BBQ Chicken & Corn  
Bean Enchiladas  
Chicken Tender Sub  
Southwest BBQ Salad  
Chicken Tenders  
Pizza Dippers  
Burgers (Tuesday & Thursday)  
\*Hot Dogs (Wednesday & Friday)  
\*Hot Dogs not served to PS/PK Students



All entrees come with two sides. Including: Fresh, in-season fruit and veggies and/or all-natural snacks. Our foods are made from only natural and organic ingredients.

NOTE: Our menu items are free from nut ingredients and our Gluten Free menu items do not contain gluten ingredients.

However, our foods are prepared in a facility that uses equipment which may come in contact with nuts, gluten, dairy, eggs, soy and other foods that can cause allergic reactions.

Order now at [www.wtcafe.com](http://www.wtcafe.com) | 702-431-4463